

MATERNAL AND CHILD HEALTH ADVISORY BOARD (MCHAB)
JULY 7, 2006
MINUTES

BOARD MEMBERS PRESENT

Terrence McGaw, MD, Chairperson
Senator Maggie Carlton, Vice-Chairperson
Jeffrey Wrightson, MD
Beverly Neyland, MD
T.J. Rosenberg
Bonnie Sorenson, RN
Tyree Davis, DDS
Raquel Knecht, MA

BOARD MEMBERS ABSENT

Michelle Kling, RN, MS
Assemblywoman Genie Ohrenschall
Suzanne Magleby, MSW

NEVADA STATE HEALTH DIVISION STAFF PRESENT

Judith Wright, Chief, Bureau of Family Health Services (BFHS)
Debra Wagler, Health Program Specialist (HPS) 1, Real Choice Systems Change Grant
Coordinator (RCSC), BFHS
Barbara Howe, HPS1, BFHS
Stephen Kepp, ASO, BFHS
Tami Terstege, Administrative Assistant (AA) 4, BFHS
Deborah McBride, Chief, Bureau of Community Health (BCH)
Bradford Lee, State Health Officer
Richard Whitley, Deputy Administrator, Health Division

OTHERS PRESENT

Hilary Jones, SWPIII, Division of Health Care Finance and Policy (DHCFP)
Betsy Aiello, Chief, Nevada ✓ Check Up, DHCFP
Lisa Lottritz, Public Health Nurse (PHN) Washoe County District Health Department (WCDHD)
Jonathan Andrews, Chief Deputy Attorney General
Zena K. Gresham, WIC Location Specialist
Angela Berg, RN, Southern Nevada Immunization Coalition (SNIC)

CALL TO ORDER

Dr. Terrence McGaw called to order the Maternal and Child Health Advisory Board (MCHAB) meeting at **9:30.m.** videoconferenced from the Legislative Council Bureau (LCB), Carson City, and the Grant Sawyer Building, Las Vegas. This was a public meeting and the public was invited to make comments. In accordance with the Nevada Open Meeting Law, this meeting was posted at the following locations: Bureau of Family Health Services (BFHS), Carson City; Kinhead Building, Carson City; Nevada State Library and Archives, Carson City; Washoe County District Health Department (WCDHD), Reno; Southern Nevada Health District (SNHD), Las Vegas; LCB, Carson City; Grant Sawyer Building, Las Vegas; and the Nevada State Health Division (NSHD) website at www.health2k.state.nv.us.

Introductions were made around the table.

APPROVAL OF MINUTES FROM MEETING OF March 17, 2006

Dr. Beverly Neyland motioned to approve, Tyree Davis seconded. **MOTION APPROVED.**

HEALTH DIVISION REPORT

Richard Whitley stated the NSHD is currently building its budget. The BFHS had been tasked with two items to make requests for budget enhancements; access to prenatal care and addressing teen pregnancy. The budget must be submitted September 1, 2006 to the governor's office to be included in the governor's budget and to be considered by the legislature during budget hearings. Working with community partners would be helpful in addressing health issues. Judith Wright stated to address access to prenatal care there is the Maternal and Child Health (MCH) Campaign which is based at Washoe Pregnancy Center in northern Nevada and University Medical Center (UMC) in the south. The data shows a tremendous amount of problems with the birth outcomes of African Americans in the state. A 400,000 dollar enhancement is being added to work with communities and to address the birth outcomes of zip code 89706. One hundred thousand dollars of the initiative will be used to bring the campaign out to rural communities. For teen pregnancy enhancement, a request for proposal for community based interventions will be issued and an individual will be placed in the Bureau of Community Health (BCH) to work with rural communities regarding teen pregnancy. The enhancement for teen pregnancy will be 400,000 dollars. Mr. Whitley stated the programs used would be evidence based. The time frame between now and September 1, 2006 allows for partnerships with groups other than the state agency to identify what the needs are and invest money on existing programs to enhance what is currently being done regarding teen pregnancy and prenatal care. Discussion was made as to how to obtain data of birth outcomes in the state. Mr. Whitley suggested a subcommittee staffed by Dr. Wei Yang to look at data and involve schools of public health. Dr. Jeffry Wrightson wants to participate with the residents in his program.

HEALTH OFFICER REPORT

Dr. Bradford Lee stated the State now has a Minority Health Officer to help focus on health disparities. He stated Homeland Security Preparedness is interested in special population needs and will increase focus on planning contingencies for this grant year relative to those populations, which would include pregnant women, children with special needs, diabetics etc. On going efforts have been made with Northern Nevada Lab to take over the neonatal screenings program. Dr. Lee stated children with special needs would include mental health. The preparedness grant for this year did not exclude mental health as it has in previous years. In the Health Resources and Services Administration (HRSA) grant, mental health is not specifically identified but would fall under the special needs population. The CDC grant guidance changed the preparedness grant guidance each year and had decided to exclude mental health this year and rolling it into a HRSA funding. Dr. Beverly Neyland stated parents and physicians are having a hard time in finding places to place acute children with mental health problems. Dr. Lee suggested, for the next meeting, to invite a representative from the Mental Health Division to address the committee about child mental health issues.

UPDATE ON MEDICAID MANAGED CARE A REPORT ON IMMUNIZATIONS AND PROCESS OF NEW MEDICAID CARE CONTRACTS

Hilary Jones stated the evaluation committee had made a selection for the Request for Proposal (RFP) 1509 procurement for two Managed Care Plans to serve the Temporary Assistance for Needy Families (TANF)/Child Health Assurance (CHAP) populations in Washoe and Clark Counties. The intent to award went to Health Plan of Nevada and Anthem Blue Cross/Blue Shield, known as HMO (Health Maintenance Organization) Colorado their parent company is Wellpoint. There were six bidders, two incumbent and four new vendors. The contract start date is November 1, 2006. The Managed Care Plan in Washoe County now includes dental services

which already exists in Clark County. Senator Carlton stated her concern in awarding the grant to Anthem due to problems with losing doctors to see their patients. Ms. Jones stated the Division of Health Care Finance and Policy (DHCFP) had hired a Health Services Advisory Group to perform a readiness review. The Health Services Advisory Group is an external quality review organization and will assess whether the letters of intent turn into contracts, whether access is appropriate and will be specifically looking at the standards in the contracts on access and availability. Mental Health coverage is comparable to Managed Care fee for service. Targeted case management for severely emotionally disturbed children and severe mentally ill adults is in the contract with the HMOs. Mandatory Managed Care states the TANF/CHAP and the States Children Health Insurance Program (SCHIP) population who live in the Clark and Washoe County urban areas must be enrolled in the health plan. There are exempt populations such as Children with Special Health Care Needs (CSHCN), severely emotionally disturbed children and severe mentally ill adults which can opt out of managed care once they have a determination of an illness.

Ms. Jones stated the policy from which AB2 was adopted can be found in the Welfare manual, section B900, which states the eligibility requirements for immunizations and program violations and sanctions.

UPDATE ON NEVADA ✓ CHECK UP

Betsy Aiello stated the caseload for Nevada Check ✓ Up has continued to decline. They have decided during the past two months to do research on the cause. At first it was thought the Deficit Reduction Act with its guidelines toward citizenship requirements was the cause for the decline. The SCHIP populations who have expansion programs linked to Medicaid do have to follow the guidelines. Nevada has a stand alone SCHIP Program and does not require clients to show their birth certificate or passport but do have to be legal residents. The research done so far indicates a decline across the board and not just with the Hispanic population. Sixty-eight percent of clients on Nevada Check ✓ Up are Hispanic. There is usually a decrease in applicants during this time of year but the drop this year had been more significant than it had been in past years. The Robert Wood Johnson grant ends in August. Las Vegas had been chosen as one of nine cities in the country to receive the Robert Wood Johnson Back to School to enroll in a health insurance program campaign and is set to start August 9, 2006. The caseload of Nevada Check ✓ Up for July is 27,500, which is down from last year.

Ms. Aiello stated the first draft of the Health Insurance Flexibility and Accountability (HIFA) waiver had been turned in on February of 2006 to Centers for Medicare & Medicaid Services (CMS). The waiver matched what had been written in the legislature, which was to have expended coverage for pregnant women, an employer subsidy insurance program, which are required under the HIFA 1115 waivers, and a catastrophic care program. The Catastrophic care program was pulled out per CMS. Under the SCHIP funding you are not allowed to fund adults who do not have children anymore due to the majority of the catastrophic cases are adults who are not parents. The new HIFA waiver had been submitted without catastrophic care to CMS and they have up to three months to review and approve it. The programming would start the month after approval. They are hoping it will be September 1, 2006.

The Covering Kids and Families Grant, which had been the outreach arm for Nevada Check ✓ Up and Medicaid, ends August 2006. A portion of the funds for this year was used for working on and developing sustainability projects such as fund raising. It had obtained a grant from Healthy Nevada Tobacco and have applied for a VISTA grant. The Covering Kids and Families Grant is moving out of the Great Basin Primary Care Association (GBPCA) and moving under the non-profit 501-C3 of Health Insight. Another form of sustainability being worked on is trying to get

outside entities such as the school district and hospitals to believe in the value of filing out applications and help individuals apply to the program.

Angela Berg asked what would be a newborns' coverage under the new HIFA waiver. Ms. Aiello informed the newborn would fall under Nevada Check √ Up due to the same eligibility guidelines for the family which will allow the mother to be eligible under the HIFA waiver. The family will have to apply for Nevada Check √ Up for the child ahead of time otherwise there will be no prior coverage for the child. Nevada Check √ Up and Medicaid are working on a notification system to notify pregnant women to enroll with Nevada Check √ Up during their pregnancy.

**BOARD DISCUSSION OF CURRENT BYLAWS REVISED IN ACCORDANCE WITH
DIRECTION FROM THE DEPARTMENT OF HEALTH AND HUMAN SERVICES
(DHHS)**

Jonathan Andrews stated the Directors Office was looking to get uniformed bylaws and have them be transparent. The state ethics laws specifically exclude members of advisory boards from conflicts of interest statues. The bylaws are aspiration goals and are not a specific requirement. A conflict of interest would arise if a member of a board or an organization they are involved with would benefit from the actions taken as a board member.

BOARD DISCUSSION AND POSSIBLE VOTE ON REVISED BYLAWS

Dr. Jeffrey Wrightson motioned to approve the revised bylaws. Ms. T.J. Rosenberg seconded. Senator Carlton apposed every one else in favor. **MOTION APPROVED**

**AT 11:00 A.M. THE MCHAB MEETING WILL BE CLOSED AND THE PUBLIC
HEARING ON THE NEVADA MCH BLOCK BRANT FOR FY 07 AND ANNUAL
REPORT FOR 2005 WILL BE HELD. THE MCHAB MEETING WILL RESUME AT ITS
CONCLUSION**

Ms. Wright stated MCH agencies are moving away from Direct Services and more into Enabling, Population-Based, and Infrastructure Services. The MCH Block Grant consists of performance measures, data collection, etc. Due to the fact there are eighteen national performance measures and eight state performance measures, this block grant had one of the highest ratings of all the grants the government provides. Stephen Kepp stated the block grant request from the State of Nevada will amount to 1,976,405 dollars which was the same amount requested for the current period. The grant requires 30 percent or 592,922 dollars to be used for Preventive and Primary Care for Children and the same amount to be used on Children with Special Health Care Needs (CSHCN). No more than 10 percent of the total block grant can be used for Administrative Costs. There is an unobligated balance of 150,000 dollars which will carryover in to the second year of the grant period which allows to have funds for expenditures in the event of a delay in the notice of grant award being issued. The grant requires a three dollar state match for every four dollars of federal funds that come in to the state. The state will be required to provide 1,482,304 dollars. The total expenditures, state and federal, for the MCH Block Grant will amount to 3,608,709 dollars. Other federal funds are available for expenditures, with the Women Infants and Children (WIC) grant being the largest at 46,881,514 dollars. The total of other federal funds comes to 49,207,697 dollars. The grand total for the states MCH budget is 52,816,406 dollars. Ms. Wright read through the nine priority areas to be worked on for the MCH grant, as well as, the national and state performance measures.

Dr. Neyland expressed her concerns with the shortage of endocrinologists in Las Vegas. Reimbursements to endocrinologists have been awful and not many physicians are going into endocrinology at this point. Las Vegas has had an increase of 30 percent in type 2 diabetes cases

due to the increase of population and the Newborn Screenings are finding more endocrine and metabolic disorders.

Ms. Wright stated written comments would be accepted until July 10, 2006.
The hearing closed at **11:25 a.m.**

BOARD DISCUSSION OF NEVADA'S MCH BLOCK GRANT FOR FY 07 AND ANNUAL REPORT FOR 2005 AND POSSIBLE RECOMMENDATIONS AND APPROVAL

Dr. McGaw recommended proposing to the University School of Medicine (UNSOM) to start a fellowship program for endocrinology. Senator Carlton motioned to except the MCH Block Grant with additional comments as are provided and approved. Dr. Neyland seconded. **MOTION APPROVED.**

REPORT ON IMMUNIZATION SUBCOMMITTEE AND IMMUNIZATION ACTIVITIES. BOARD DISCUSSION AND POSSIBLE RECOMMENDATIONS TO STAFF

Ms. Wright stated the BCH had a CDC advisor and a strategic plan was finalized. Ms. Sorenson stated a copy of the strategic plan should be sent to all board members with the minutes of this meeting. The priority for this committee is the Immunization Registry which needs to be up and running to input data. The immunizations being missed are the fourth D-Tap and have had a lot of missed opportunities for vaccination due to not having the child's immunization schedule or not knowing what vaccinations have been given to the child. Having the registry would enable accessing the necessary information for proper immunizations and have fewer missed opportunities. Dr. Neyland stated one of the problems with the registry is that not all doctor offices have the same computer software and are not compatible with the registry system. The Strategic Plan will be sent by email to all board members to review and comments will be welcomed before July 20, 2006. No action taken. Ms. Wright asked board members to read the Plan and help identify the MCH roll for the Immunization Subcommittee.

UPDATE ON CURRENT ACTIVITIES TO ADDRESS CARE OF CHILDREN WITH DIABETES

Barbara Howe stated there is a total of 130 Type 1 diabetics in all counties combined excluding Washoe and Clark counties. The numbers of Type 1 diabetics in Washoe and Clark Counties have not been received. A pediatric endocrinologist is living in Carlin and will be giving services in Elko. The dietitian in Washoe County has and will continue to work with the school's wellness policy, implemented by the Department of Education (DOE). The dietitians had worked with the Communications Department to develop a marketing plan of the benefits of the wellness policy which is directed to parents and family groups. The slogan of the wellness policy is "Learn to Eat, Eat to Learn". CDC had developed a series of 4 books which highlight a Native American boy and emphasis on healthy nutrition and good health. The books can be ordered at www.firstbook.org with a charge of .25 cents per book for shipping and handling. Four thousand books have been received and will be handed out to tribes and Boys and Girls Clubs in the rural communities. To find alternative sources for physical activities, dance mats have been sent to middle schools in rural communities. Eight kids will be able to dance at the same time. There had been work made on updating books on diabetes in public libraries. Ms. Howe stated there had been some difficulty in getting schools to introduce healthier food options in vending machines. Manufactures are being forced to make foods which fit the criteria of Wellness Policies throughout the nation. By law now, certain foods are not allowed to be served in school. The DOE announced the ranking of Nevada is number 2 in the nation with respect to their implementation of the federally mandated school wellness policy. In August, 140 WIC staff will

be trained on effective counseling techniques in weight management and will hopefully be done quarterly. WIC handbooks on ways to enhance children activity and nutrition will be made available to WIC families; a Spanish version will also be available. Information videos will be sent to schools to help inform of ways to approach Type-2 diabetes.

STAFF REPORT AND BOARD DISCUSSION

Ms. Wright stated the MCH Coalition is going strong and had a separate subcommittee on teen pregnancy. The Nevada Department of Corrections had asked for more obstetrical training due to an emergency delivery in their facility. An individual will be taking over Barry Lovgren's position on July 31, 2006. A concern had been brought up with members of the Governors Youth Advisory Council (GYAC), who seem to be very involved in their first year but seem to drift away the following year. A proposal was made to change how the members are selected by working with the Community Coalitions who will recommend youth for the GYAC. The Early Childhood Strategic Plan is almost completed but the Early Child Systems Development position is still vacant. The Real Choice System Change (RCSC) grant ends on September 30, 2006. Staff working under the RCSC grant will be transferred to MCH Block Grant. The Management Analyst position will become an epidemiologist to do MCH data analysis. Christine Wood of the Oral Health Program has been elected President Elect of the Association of State Territorial Dental Directors. The oral health summit will take place on September 22, 2006 in Las Vegas. The Oral Health Program had a one-day coalition-building workshop and was well attended. The Federal government had decided to conduct performance reviews of various grants. HRSA had elected to conduct performance review on Primary Care Development Center (PCDC), MCH Block Grant, HIV Aids, and the Rural Education Outreach Grant. Those programs will be meeting on July 26, 2006 to come up with one common performance measure, which will most likely be access to care. The WIC Program had 50,756 participants in May of 2006. David Crockett is the new Health Program Manager for WIC. Nevada Health Centers have taken over the five Economic Opportunity Board (EOB) WIC clinics and the transition was completed smoothly. The waiting list for Early Intervention Services (EIS) has gone down.

PUBLIC COMMENT

Lisa Lottritz stated the teen pregnancy forum took place on June 27, 2006. The panel consisted of fourteen mothers who talked about what went right and what the barriers were during their pregnancy. The forum will take place every quarter. The Northern Nevada MCH coalition will be meeting the third Thursday of every month and have around 30 agencies which are participating on the coalition. The coalition has five subcommittees: Teen Pregnancy, Data, Legislative, Access to Care, and Education subcommittees.

It was mentioned the next meeting is scheduled for September 22, 2006 and will be videoconferenced between Northern and Southern Nevada.

Meeting adjourned at **11:20 a.m.**